

ASPAR
Paracetamol 500mg Capsules

Docment Information

File Prepared: 16.12.16

FILE VERSION : UTV20

Font used: HELVETICA Condensed (Med, Bold & Italic)
Font Size 8pt / spaced as 9

Document size 120 x 220 mm
Printed two sides in Back

Software: QUARK 9.5 presented as PDF Proof

Patient Information Leaflet for PARACETAMOL 500 mg CAPSULES

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to a doctor if you do not feel better or if you feel worse after 3 days.

What is in this leaflet

1. What Paracetamol is and what it is used for
2. What you need to know before you take Paracetamol 500 mg Capsules
3. How to take Paracetamol 500mg Capsules
4. Possible side effects
5. How to store Paracetamol 500mg Capsules
6. Contents of the pack and other information



1. WHAT PARACETAMOL IS AND WHAT IT IS USED FOR

These capsules contain paracetamol and are used to relieve mild to moderate pain including headache, migraine and tension headache, toothache, back ache, rheumatic and muscle pains, perid pains and sore throat. Paracetamol is also an anti-pyretic used to reduce fever, aches and pains of colds and flu. You must talk to a doctor if you do not feel better or if you feel worse after 3 days.



2. WHAT YOU NEED TO KNOW BEFORE YOU TAKE PARACETAMOL 500 MG CAPSULES

Do not take Paracetamol 500mg capsules

- if you are allergic to Paracetamol or any of the other ingredients of this medicine (listed in section 6).

Warnings and precautions

Talk to your doctor or pharmacist before taking Paracetamol if you:

- Suffer from liver or kidney problems
- Suffer from alcohol dependency
- Suffer from non-serious arthritis and need to take painkillers every day

Other medicines and Paracetamol

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines:

- Blood thinning medicines such as warfarin
- Metoclopramide and Domperidone (for sickness and digestive disorders)
- Colestyramine (to help control cholesterol levels)
- Any other paracetamol containing products

Pregnancy, breast-feeding and fertility

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.



3. HOW TO TAKE PARACETAMOL 500MG CAPSULES

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

Dosage in adults, the elderly and children 16 years and over: Take one or two capsules every four to six hours as needed. Do not take more than 8 capsules in 24 hours.

Dosage in children 12-15 years: Take one capsule every four to six hours as needed. Do not take more than 4 doses in 24 hours.

Swallow the capsules with a glass of water.

- Do not give to children under 12 years unless told to by your doctor.
- Wait at least 4 hours between doses
- Do not exceed the stated dose
- Do not take other Paracetamol containing products whilst taking this medicine

If you take more Paracetamol Capsules than you should:

Talk to a doctor at once if you take too much of this medicine, even if you feel well because of the risk of delayed, serious liver damage. Take the container and any remaining capsules with you. Symptoms of overdose include loss of appetite (anorexia), nausea, diarrhoea, vomiting and abdominal pain.

If you forget to take Paracetamol Capsules:

Do not take a double dose to make up for a forgotten dose.

If you stop taking Paracetamol Capsules

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.



4. POSSIBLE SIDE EFFECTS

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Serious side effects

If you experience any of these symptoms after taking this medicine go to the nearest hospital immediately:

- Allergic reactions which may be severe such as skin rashes and itching sometimes with swelling of the mouth or face or shortness of breath
- Skin rash or peeling, or mouth ulcers
- Difficulty breathing. These are more likely if you have experienced them before when taking other painkillers such as ibuprofen and aspirin.
- Unexplained bruising or bleeding, throat and mouth ulcers or bleeding gums accompanied by tiredness and flu like symptoms

Very rare cases of serious skin reactions have been reported.

Other side effects

- Blood problems including anaemia
- Hepatitis

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard. By reporting side effects, you can help provide more information on the safety of this medicine.



5. HOW TO STORE PARACETAMOL

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the packaging. The expiry date refers to the last date of that month.

Do not store above 25°C. Store in the original packaging to protect from light and moisture.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.



6. CONTENTS OF THE PACK AND OTHER INFORMATION

What Paracetamol Capsules contain

The active substance in these capsules is paracetamol 500mg.

The other ingredients in these capsules include: Potato Starch, Magnesium Stearate, Sodium Lauryl Sulphate, Gelatin, Erythrosine (E127), Patent Blue V (E131), Titanium Dioxide (E171) and Quinoline Yellow (E104).

What Paracetamol Capsules looks like and contents of the pack

They are red and white hard gelatine capsules.

Marketing Authorisation Holder and Manufacturer

Aspar Pharmaceuticals Ltd,
Capitol Way, Colindale, London NW9 0EQ.
PL 08977/0011

Available in packs of 8, 12, 16, 24, 32 capsules

This leaflet was last revised in December 2016